



SCAS

CONSTRUCTION & FINISHING

NEWSLETTER #21

MESSAGE FROM THE CPMO

Greetings,

With a promising yet challenging year ahead, it honors me to say that SCAS is steadily evolving building ourselves a respectable name in just a short matter of time. We have faced many obstacles in 2020 due to the pandemic that hit the world by surprise and it gives me great pleasure to say that with a hard-working and dedicated team of individuals we are able to achieve great results in terms of project quality and time efficiency. The balance of vertical and horizontal leadership in projects can truly illuminate any factor one might run into.

Throughout the project cycle we pay close attention to maintaining stringent HSE rules and regulations. With Covid-19 still posing a significant threat, we at SCAS take health and safety precautions seriously. From social distancing, hygiene precautions to personal protective equipment, we ensure that all necessary protective measures are implemented. We are proud of our team members for following all the regulations necessary and by doing so they are setting the way to a much safer work environment. Protecting themselves, colleagues and family members. Looking forward to delivering our current projects and commencing with new ones.

On behalf of SCAS, we wish you and yours a safe and successful 2021.

Sincerely,
Chief Project Manager officer
George Mounir



George Mounir
Chief Project Manager Officer

COMPLETED PROJECTS

SCAS construction & fit-out

El Torr Restaurant - Garden 8



COMPLETED PROJECTS

SCAS construction & finishing



COMPLETED PROJECTS

SCA's Construction & Finishing



COMPLETED PROJECTS

SCAS construction & finishing



COMPLETED PROJECTS

SCAS CONSTRUCTION & FINISHING

Private Villa - Mivida



COMPLETED PROJECTS

SCAS construction & finishing



COMPLETED PROJECTS

SCAS construction & finishing



COMPLETED PROJECTS

CC&S construction & finishing



COMPLETED PROJECTS

SCAS construction & finishing



COMPLETED PROJECTS

SCAS construction & finishing



ONGOING PROJECTS

SCAS construction & finishing

DHL Head Office





5 STEPS TO MENTAL WELLBEING

Evidence suggests there are 5 steps you can take to improve your mental health and wellbeing. Trying these things could help you feel more positive and able to get the most out of life.

1. CONNECT WITH OTHER PEOPLE

Good relationships are important for your mental wellbeing. They can:

- Help you to build a sense of belonging and self-worth
- Give you an opportunity to share positive experiences
- Provide emotional support and allow you to support others

2. BE PHYSICALLY ACTIVE

Being active is not only great for your physical health and fitness. Evidence also shows it can also improve your mental wellbeing by:

- Raising your self-esteem
- Helping you to set goals or challenges and achieve them
- Causing chemical changes in your brain which can help to positively change your mood

3. LEARN NEW SKILLS

Research shows that learning new skills can also improve your mental wellbeing by:

- Boosting self-confidence and raising self-esteem
- Helping you to build a sense of purpose
- Helping you to connect with others

4. GIVE TO OTHERS

Research suggests that acts of kindness can help improve your mental wellbeing by:

- Creating positive feelings and a sense of reward
- Giving you a feeling of purpose and self-worth
- Helping you connect with other people

5. PAY ATTENTION TO THE PRESENT MOMENT

Paying more attention to the present moment can improve your mental wellbeing. This includes your thoughts and feelings, your body and the world around you.



OUR TEAM IS GROWING...

WE WOULD LIKE TO WELCOME OUR MOST RECENT HIRES

**AHMED SAAED
ELSHAMARKA**

Projects Coordinator

**EL SAID SAMIR
HASSAN**

Purchasing Officer

**EMAD FAHMY
BESHAY**

Project Manager

**MOHAMED
ABDELWAHAB**

Mechanical Engineer (Site)

**MAHMOUD
ABELAZIM NAGUIB**

Lead Project Engineer

EHAB SALEM

Project Manager

MOSTAFA ZAKI

Tendering Engineer

AMR HAMED AUDA

Accountant

**AHMED MAHMOUD
ZAKI**

Project Manager